

# Hairdressing & Beauty

## Purpose

This course is designed for students who are interested in a career in hairdressing and beauty care. Students will study and practice all aspects of women's and men's hairdressing and beauty care to include skin care, eye treatments and make-up. Students spend 50% of the time in class getting theoretical knowledge and the other 50% of the time in practical hands-on experience in the a hair salon.

Students in this course learn about cutting and styling hair of all types. Typical razors, clippers, scissors and combs are introduced, and students learn when and how to use them. Students learn styling techniques and hair finishing options. At the conclusion of this class, students are prepared to perform hair cutting techniques appropriate for all lengths of hair and for male and female clients.

## Objectives

- Develop a set of practical skills in the areas of beauty therapy.
- Gain theoretical and practical knowledge of the basic aspects of barbering.
- Apply hairstyle/cut on different faces.
- Acquire skills on salon work i.e. safety precautions, skin and hair conditions etc.
- Do makeup on different types of skins i.e. oily, dry, Acne, etc.

## Agenda

### DAY 1

- Introductory meeting
- Presentation of timetable
- Group ice breaker activities
- Health and safety

### DAY 2

- Shampooing and conditioning
- Colour removal
- Neutralising
- Styling and blowdrying
- Nail treatments

### DAY 3

- Basic cutting techniques
- Clipper cutting
- Facial hair
- Health and Hygiene

### DAY 4

- Shampoo and condition the hair and scalp
- Cutting women's hair
- Colouring and lightening the hair
- Styling and dressing hair

### DAY 5

- Internship in a hair salon or a vocational training institute

### DAY 6

- Internship in a hair salon or a vocational training institute

### DAY 7

- Internship in a hair salon or a vocational training institute

### DAY 8

- Internship in a hair salon or a vocational training institute



- Select, operate and handle equipment according to professional standards

## Methods

- Lectures by guest experts
- Workshops
- Excursions to industry-specific companies
- Discussion
- Team work
- Case studies
- Internships

## Target Groups

- VET learners

## Place

Heraklion, Crete, Greece

## DAY 9

- Internship in a hair salon or a vocational training institute

## DAY 10

- Final test
- Evaluation (Questionnaires)
- EuroPass Certifications